

HEALTHY WOMAN

A MEDICAL CENTER ENTERPRISE RESOURCE

Text to Join!

Become a member of Healthy Woman and enjoy monthly meetings and updates on exciting upcoming Healthy Woman events!



*Text **MCEHW** to
22828 to get started!*

Luncheons are always held at noon, at Enterprise First United Methodist Church Fellowship Hall

2017-2018 Healthy Woman Monthly Luncheons

November 2nd, 2017- *Lunch with Medical Center Enterprise with speaker Dr. Dalati, MCE Medical Group Cardiology, discussing "Signs of a Heart Attack in Women. Lunch provided by Santa Fe Cattle Company.*

December 7th, 2017- *Christmas Shopping Healthy Woman Style. Lunch provided by Shane's Rib Shack.*

January 4th, 2018- *Healthy Happy New Year with Metabolic Research Center, Speaker Diane Alpeter – 'Find Your Smile'. Lunch provided by Milky Moo's.*

February 1st, 2018- *'Tables of Love' Luncheon and Signs of Heart Disease in Women, Dr. Dalati. Lunch provided by McDonald's.*

March 1st, 2018- *'What's New in the City of Progress'. Lunch provided by Milky Moo's.*

April 5th, 2018- *How Pimento Cheese Saved My Life, by Melinda McClendon. Lunch provided by Santa Fe Cattle Co. (Relay for Life)*

May 3rd, 2018- *'Mother's Day Special' with Sawyer Surgery Clinic and Kindred Hospice. Lunch provided by Shane's Rib Shack.*

June 14th, 2018- *Healthy Woman Luncheon with Dr. Beverly Jordan, Professional Medical Associates. Lunch provided by McDonald's.*

July 5th, 2018- *Healthy Woman Luncheon with First United Methodist Church. Lunch provided by Santa Fe Cattle Co.*

August 2nd, 2018- *Healthy Woman Luncheon with Medical Center Enterprise. Lunch provided by Milky Moo's.*

September 6th, 2018- *What You Need To Know About Your Joint Health with Southern Bone and Joint Specialists. Lunch provided by McDonald's.*

October 11th, 2018
11th Anniversary Healthy Woman Celebration! Tickets will go on sale August 15, 2018. This event is held at the Enterprise Civic Center and space is limited. Tickets must be purchased in advance, not tickets will be sold at the door.

Luncheons are free to attend, but you must RSVP - To RSVP, please call 334-347-3046